What's your favourite thing about being a writer?

Inventing people and places I can escape with and to. Being able to lose myself in another world, and being able to take readers to that place.

Who is your favourite fictional hero? And your favourite heroine?

Favourite fictional hero? Mr Darcy, of course, and my own Tom Cuthbert. Favourite fictional heroines include Cassandra Mortmain (*I Capture the Castle* by Dodie Smith), Olivia Curtis (*Invitation to the Waltz* by Rosamond Lehmann), the unnamed narrator in *Rebecca* by Daphne du Maurier, and Bessy (*The Observations* by Jane Harris).

Which song would be the soundtrack to your life?

I'm not sure... perhaps Giacomo Puccini's aria 'O mio babbino caro', from *Gianni Schicchi*. I love the version sung by Angela Gheorghiu.

What is your TV guilty pleasure?

I'm quite boring when it comes to TV, because I don't watch a great deal of it. But I like *Masterchef*...and usually anything with costumes!

Describe your dream dinner party line-up.

How many am I allowed to have? I'd have to summon a few of the dead... Georgiana, Duchess of Devonshire, Jane Digby, Marie Antoinette, Pablo Picasso and Elvis Presley. And the living: Paul McCartney, Salman Rushdie, Mick Jagger, Tracey Emin and Diana Athill. (Oh, and maybe we could squeeze Colin Firth in at the end of the table, aka Mr Darcy.)

What's your biggest indulgence?

Books!

What is your earliest memory?

Clouds. Staring up at them.

What were your aspirations when you were a teenager?

To write.

What keeps you awake at night?

Plots, and the voices of my characters.

Do you have any phobias?

Spiders, mice, and sometimes the dark.

Where are your favourite places in the world?

My home in Hampshire; Rome, and almost anywhere in rural Italy; and the Grenadines (see below).

Describe your perfect weekend.

In winter, hanging out with friends and family, long walks and log fires; in summer, being able to sit in my garden with a good book is pretty perfect to me.

Describe your perfect holiday.

Anywhere in the Grenadines. I love the heat, the laid back attitude, and being able to sit on a beach with a rum punch and watch the sun go down.

If you could take only three essentials with you to a desert island what would they be?

The Complete Works of Charles Dickens, a tin of Vaseline and my iPod.

What's your favourite time of year?

I love every season...but if I have to pick one, probably spring, because of the light.

What has been your greatest achievement?

Bringing two very decent kind people into this world.

What would be your specialist subject on Mastermind?

Hmm. I think I'm quite unbeatable at Farrow & Ball paint colours. Friends defer to me all the time on paint colours...especially the many and varied shades of white.

What could you never leave the house without?

I leave the house all the time without anything!

What's your most prized possession?

I don't have one, as such, but I treasure some of the models and artwork my kids made when they were young, and their photographs. And I have a few crystals that are extraordinarily beautiful and precious to me. Those are the things I'd grab in a fire (after my husband and children!).

What's your motto for life?

Laugh as much as you breathe and love as long as you live.