



PREPARE/ENRICH PROGRAM

Thanks to a special gift from Aid Association for Lutherans, Lutheran Brotherhood, and Synod's 150th Anniversary LCMS District and Congregational Services - Family Ministry has funding available to provide training for LCMS clergy in the Prepare-Enrich premarital and marital counseling program.

What is the Prepare/Enrich Program?

The PREPARE/ENRICH program is designed to assist pastoral counselors in working with premarital or married couples.

PREPARE/ENRICH is comprised of five inventories:

- * PREPARE -- premarital couples
- * PREPARE-MC -- premarital couples w/children
- * ENRICH -- for married couples
- * MATE -- for couples over the age of 50
- * PREPARE-CC -- cohabitating couples

Each Inventory is a 165-item Questionnaire assessing relationship strength and growth areas for 15 categories.

The Inventories are comprehensive, diagnostically valuable and designed to generate a meaningful dialogue between the counselor and the couple.

The PREPARE/ENRICH Inventories have been scientifically developed to have high levels of reliability, validity and clinical utility.

Six Goals of the Program:

- * Explore couple strength & growth areas
- * Strengthen couple communication skills
- * Learn Ten Steps for Resolving Couple Conflict
- * Explore family-of-origin issues
- * Develop financial budget & plans
- * Develop personal, couple & family goals

Seminar Objectives:...

The PREPARE/ENRICH Training Workshop certifies participants to administer, interpret and counsel using PREPARE, PREPARE-MC, PREPARE-CC, and ENRICH. The workshop qualifies participants to start using all four Inventories with couples immediately.

Cost:

Cost for the training is \$125.00 per person, plus the travel expenses for the workshop leader. If you are a member of the Lutheran Family Ministry Network, the \$125.00 fee is waived and only travel expenses will need to be reimbursed. Each participant will receive a \$35 voucher/rebate.

If you are interested in receiving training in this valuable program, please contact your **District Office** and let them know you would like a workshop scheduled in your area. Your District Office can contact Rev. Jeffery Schubert below for further information.

Rev. Jeffery S. Schubert
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