



What We Can Do at Home! www.earthday.net

- Replace inefficient incandescent light bulbs with energy star bulbs – reduce your carbon footprint by 450 pounds a year
- Car pool, use public transportation or drive a fuel efficient car – reduce your carbon footprint by 1 pound for every mile you do not drive
- Keep your tires properly inflated and get better gas mileage – reduce your carbon footprint another 20 pounds for each gallon of gas saved
- Change your car's air filter regularly
- Run your dishwasher only when it's full
- Make sure your printer paper is 100% post consumer recycled
- Move your heater thermostat down two degrees in winter and up two degrees in the summer – reduce your carbon footprint by 2,000 pounds
- Keep your water heater insulated and the thermostat no higher than 120°F
- Clean or replace dirty air conditioner filters as recommended
- Take shorter showers because showers account for 2/3 of all water heating costs
- Use a low-flow showerhead because the less water you use, the less energy required to heat the water – reduce your carbon footprint 350 pounds a year
- Use cold water to wash your clothes – reduce your carbon footprint by 500 pounds a year
- Buy locally and reduce the amount of energy required to drive your products to your store
- Buy products with less packaging and recycle paper, plastic and glass – reduce your garbage by 10% and you'll reduce your carbon footprint by 1,200 pounds a year
- Plant a tree because trees suck up carbon dioxide and make clean air for us to breath
- Buy energy efficient appliances
- Weatherize and insulate your home, and consider double pane windows
- Turn off what you're not using and even unplug electronics you're not using – reduce your carbon footprint by thousands of pounds a year
- Buy organic food because the chemicals used in modern agriculture pollute the water supply, and require energy to produce