



What We Can Do at Home!
www.earthday.net

Replace (3) frequently used light bulbs with compact fluorescent bulbs – reduce your carbon footprint by 450 pounds a year

Car pool, use public transportation or drive a fuel efficient car – reduce your carbon footprint by 1 pound for every mile you do not drive

Keep your tires properly inflated and get better gas mileage – reduce your carbon footprint another 20 pounds for each gallon of gas saved

Change your car's air filter regularly

Run your dishwasher only when it's full

Make sure your printer paper is 100% post consumer recycled

Move your heater thermostat down two degrees in winter and up two degrees in the summer – reduce your carbon footprint by 2,000 pounds

Keep your water heater insulated and the thermostat no higher than 120°F

Clean or replace dirty air conditioner filters as recommended

Take shorter showers because showers account for 2/3 of all water heating costs

Use a low-flow showerhead because less water means less energy to heat the water – reduce your carbon footprint 350 pounds a year

Use cold water to wash your clothes – reduce your carbon footprint by 500 pounds a year

Buy locally and reduce the amount of energy required to drive your products to your store

Buy products with less packaging and recycle paper, plastic and glass – reduce your garbage by 10% and you'll reduce your carbon footprint by 1,200 pounds a year

Plant a tree because trees suck up carbon dioxide and make clean air for us to breath

Buy energy efficient appliances

Weatherize and insulate your home, and consider double pane windows

Turn off what you're not using and even unplug electronics you're not using – reduce your carbon footprint by thousands of pounds a year

Buy organic food because the chemicals used in modern agriculture pollute the water supply, and require energy to produce