



## Get Active with Your Kids on Earth Day!



### Talk to the Teachers

Tell them about the environmental education curriculum and greening schools programs on [www.earthday.net](http://www.earthday.net). Encourage them to include the environment in their lesson plans. Lobby your school board to incorporate green building practices.



### Plant a Tree or Enjoy Nature

Planting trees is an effective way to reduce greenhouse gases. Trees absorb the carbon dioxide and create oxygen for us to breathe. **On Earth Day**, venture to a park, fly a kite, ride a bicycle, clean-up trash at a local stream or nature setting.



### Make a Tire Swing

Have any old tires lying around? Objects that were destined for the garbage can be reused for entertainment.



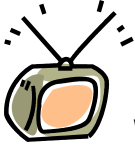
### Reduce, Reuse and Recycle

The three golden R's of Earth care. Demonstrate the creative side of ordinary objects. Make a recycled flower pot. Cut-off the bottom of a 2 liter soda bottle, decorate it, and plant seeds. Tour each part of the house and talk about which products are recyclable or able to be reused.



### Write a story

Sit down with your child and write a short story of an imaginary trip through the jungle. Be sure to include animals, people, plants, colors that are encountered in the journey. Afterwards, share stories and go to the library. Research how the effects of deforestation and animal poaching are damaging the rainforest.



### **Watch *An Inconvenient Truth***

Watch it with the whole family and then discuss it. Better yet, have a sleepover and invite other kids.



### **Decorate grocery bags**

Get a bunch of parents and their children together in a big group. Go to the local grocery store and speak to the owner asking if you can borrow some grocery bags. Take the bags home and decorate them with ideas on how to make the earth a better place. Take them back to the grocery store to be distributed on Earth Day. For more information visit: <http://www.earthdaybags.org>



### **earth day Donate**

Research an environmental cause on the internet, such as [www.earthday.net](http://www.earthday.net) and support global warming awareness campaigns.



### **Create your own Earth Day poster**

Create an environmental slogan and decorate a poster. Hang the poster in a spot that will serve as a constant reminder of your pledge.